

U.S. Products No Added MSG

Monosodium Glutamate (MSG) is commonly used in many foods as a flavor enhancer. Some people report sensitivity to Monosodium Glutamate and prefer to avoid foods containing the ingredient. If we add MSG to our products, it will be listed in the ingredient statement as Monosodium Glutamate. We have not added Monosodium Glutamate to the following Frito-Lay products.

Last Updated August 16, 2024



TOSTITOS® Tortilla Chips

- TOSTITOS® Bite Size Tortilla Chips
- TOSTITOS® Black Bean & Garlic Flavored Triangles Tortilla Chips
- TOSTITOS® Cantina Thin & Crispy Tortilla Chips
- TOSTITOS® Cantina Traditional Tortilla Chips
- TOSTITOS® Crispy Rounds Tortilla Chips
- TOSTITOS® Hint of Chile Lime Bite Size Rounds Flavored Tortilla Chips
- TOSTITOS® Hint of Guacamole Flavored Tortilla Chips
- TOSTITOS® Lightly Salted Tortilla Chips
- TOSTITOS® Mexican Style Three Cheese Bite Size Rounds Flavored Tortilla Chips
- TOSTITOS® Multigrain Scoops!® Tortilla Chips
- TOSTITOS® Original Restaurant Style Tortilla Chips
- TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips
- TOSTITOS® Scoops!® Tortilla Chips
- TOSTITOS® Simply Organic Blue Corn Tortilla Chips
- TOSTITOS® Simply Organic Yellow Corn Tortilla Chips
- TOSTITOS® Strips Tortilla Chips
- TOSTITOS® Thick & Hearty Rounds Tortilla Chips

BAKED



BAKED

- LAY'S® Baked BBQ Flavored Potato Crisps
- LAY'S® Baked Original Potato Crisps
- LAY'S® Baked Sour Cream & Onion Flavored Potato Crisps
- RUFFLES® Baked Original Potato Crisps
- TOSTITOS® Baked Scoops® Tortilla Chips



BAKEN-ETS®

BAKEN-ETS® Traditional Fried Pork Skins



CHEETOS®

CHEETOS® Simply Crunchy White Cheddar Cheese Flavored Snacks

CHEETOS® Simply Puffs White Cheddar Cheese Flavored Snacks



CHESTER'S® Snacks

CHESTER'S® Butter Flavored Puffcorn Snacks



CRACKER JACK® Popcorn

CRACKER JACK® Original Caramel Coated Popcorn & Peanuts



Dips and Salsas

FRITOS® Bean Dip

FRITOS® Hot Bean Dip with Jalapeño Peppers

TOSTITOS® Avocado Salsa

TOSTITOS® Habanero Hot Chunky Salsa

TOSTITOS® Medium Chunky Salsa

TOSTITOS® Mild Chunky Salsa

TOSTITOS® Restaurant Style Salsa



DORITOS® Tortilla Chips

DORITOS® Reduced Fat Wild White Nacho Flavored Tortilla Chips

DORITOS® Simply Organic Spicy White Cheddar Flavored Tortilla Chips

DORITOS® Simply Organic White Cheddar Flavored Tortilla Chips



FRITOS® Corn Chips

FRITOS® Lightly Salted Corn Chips

FRITOS® Original Corn Chips

FRITOS® Scoops!® Corn Chips



GRANDMA'S®

GRANDMA'S® Chocolate Brownie Big Cookies

GRANDMA'S® Chocolate Chip Big Cookies

GRANDMA'S® Mini Bites Blueberry Vanilla Naturally Flavored Crisps

GRANDMA'S® Mini Chocolate Chip Cookies

GRANDMA'S® Oatmeal Raisin Big Cookies

GRANDMA'S® Peanut Butter Big Cookies

GRANDMA'S® Peanut Butter Sandwich Crème Cookies

GRANDMA'S® Vanilla Mini Sandwich Crème Cookies

GRANDMA'S® Vanilla Sandwich Crème Cookies

GRANDMA'S® Whole Grain Mini Chocolate Chip Cookies



LAY'S® Potato Chips

LAY'S® Baked Barbecue Flavored Potato Crisps

LAY'S® Baked Original Potato Crisps

LAY'S® Baked Sour Cream & Onion Flavored Potato Crisps

LAY'S® Barbecue Flavored Potato Chips

LAY'S® Cheddar & Sour Cream Flavored Potato Chips

LAY'S® Chile Limón Flavored Potato Chips

LAY'S® Classic Potato Chips

LAY'S® Dill Pickle Flavored Potato Chips

LAY'S® Flamin' Hot® Flavored Potato Chips

LAY'S® Honey BBQ Flavored Potato Chips

LAY'S® Kettle Cooked Flamin' Hot® Flavored Potato Chips

LAY'S® Kettle Cooked Jalapeño Flavored Potato Chips

LAY'S® Kettle Cooked Maui Onion Flavored Potato Chips

LAY'S® Kettle Cooked Mesquite BBQ Flavored Potato Chips

LAY'S® Kettle Cooked Original Potato Chips

LAY'S® Kettle Cooked Reduced Fat Smoky BBQ Flavored Potato Chips

LAY'S® Kettle Cooked Reduced Fat Jalapeño Cheddar Flavored Potato Chips
LAY'S® Kettle Cooked Reduced Fat Original Potato Chips
LAY'S® Kettle Cooked Reduced Fat Sea Salt & Vinegar Flavored Potato Chips
LAY'S® Kettle Cooked Sea Salt & Cracked Pepper Flavored Potato Chips
LAY'S® Kettle Cooked Sea Salt & Vinegar Flavored Potato Chips
LAY'S® Lightly Salted Potato Chips
LAY'S® Limón Flavored Potato Chips
LAY'S® Poppables® Honey BBQ Potato Snacks
LAY'S® Poppables® Sea Salt Potato Snacks
LAY'S® Poppables® Sea Salt & Vinegar Flavored Potato Snacks
LAY'S® Poppables® Southwest Ranch Flavored Potato Snacks
LAY'S® Poppables® White Cheddar Flavored Potato Snacks
LAY'S® Salt & Vinegar Flavored Potato Chips
LAY'S® Simply Sea Salted Thick Cut Potato Chips
LAY'S® Simply Veggie Poppables® Ranch Potato & Veggie Snacks
LAY'S® Simply Veggie Poppables® Sea Salt Potato & Veggie Snacks
LAY'S® Sour Cream & Onion Flavored Potato Chips
LAY'S® STAX® Original Potato Crips
LAY'S® Sweet & Spicy Honey Flavored Potato Chips
LAY'S® Sweet Southern Heat Flavored Potato Chips
LAY'S® Wavy Hickory Barbecue Potato Chips
LAY'S® Wavy Lightly Salted Potato Chips
LAY'S® Wavy Original Potato Chips
LAY'S® Wavy Salt & Pepper Flavored Potato Chips



MAUI STYLE®

MAUI STYLE® Onion Flavored Potato Chips
MAUI STYLE® Original Potato Chips
MAUI STYLE® Salt & Vinegar Flavored Potato Chips
MAUI STYLE® Shrimp Flavored Potato Chips



MISS VICKIE'S®

MISS VICKIE'S® Jalapeño Flavored Kettle Cooked Potato Chips
MISS VICKIE'S® Sea Salt & Vinegar Flavored Kettle Cooked Potato Chips
MISS VICKIE'S® Sea Salt Original Kettle Cooked Potato Chips
MISS VICKIE'S® Smokehouse BBQ Flavored Kettle Cooked Potato Chips



MUNCHIES®

MUNCHIES® Cheddar Cheese on Toast Flavored Crackers
MUNCHIES® Peanut Butter on Cheese Flavored Crackers
MUNCHIES® Peanut Butter on Toast Flavored Crackers



MUNCHOS®
MUNCHOS® Original Potato Crisps



NATUCHIPS™
NATUCHIPS® Chile & Lime Flavored Plantain Chips
NATUCHIPS™ Garlic Flavored Plantain Chips
NATUCHIPS™ Lime Flavored Plantain Chips
NATUCHIPS™ Original Plantain Chips



NUT HARVEST®
FRITO-LAY® Original Sunflower Seeds
FRITO-LAY® Salted In-Shell Peanuts
FRITO-LAY® Sunflower Seeds Kernels
MUNCHIES® Honey Roasted Peanuts
MUNCHIES® Salted Peanuts
NUT HARVEST® Cocoa Dusted Almonds
NUT HARVEST® Dark Chocolate Almond Toffee Bites
NUT HARVEST® Dark Chocolate Butter Toffee Covered Almonds
NUT HARVEST® Deluxe Mixed Nuts
NUT HARVEST® Honey Roasted Whole Peanuts
NUT HARVEST® In-Shell Pistachios
NUT HARVEST® Lightly Salted Almonds
NUT HARVEST® Lightly Salted Whole Cashews
NUT HARVEST® Nut & Chocolate Mix
NUT HARVEST® Nut & Fruit Mix
NUT HARVEST® Sea Salted Whole Cashews
NUT HARVEST® Spicy Flavored Pistachios
SABRITAS® Picante Peanuts
SABRITAS® Salt & Lime Peanuts
SPITZ® Cracked Pepper Pumpkin Seeds
SPITZ® Cracked Pepper Sunflower Seeds
SPITZ® Original Sunflower Seeds



ROLD GOLD® Pretzels

- ROLD GOLD® Fat Free Original Tiny Twists Pretzels
- ROLD GOLD® Original Hartzels
- ROLD GOLD® Original Sticks Pretzels
- ROLD GOLD® Original Thins Pretzels
- ROLD GOLD® Original Tiny Twists Pretzels
- ROLD GOLD® Original Waffles Pretzels



RUFFLES® Potato Chips

- RUFFLES® Baked Original Potato Chips
- RUFFLES® Original Potato Chips
- RUFFLES® Simply Sea Salted Potato Chips
- RUFFLES® Simply White Cheddar & Sour Cream Flavored Potato Chips



SABRITONES®

- SABRITONES® Chile & Lime Flavored Puffed Wheat Snacks



SANTITAS®

- SANTITAS® White Corn Triangles Tortilla Chips
- SANTITAS® Yellow Corn Triangles Tortilla Chips



SMARTFOOD® Popcorn

- SMARTFOOD® Caramel & Cheddar Mix Flavored Popcorn
- SMARTFOOD® Flamin Hot® White Cheddar Flavored Popcorn
- SMARTFOOD® Kettle Corn Sweet & Salty Flavored Popcorn
- SMARTFOOD® Movie Theater Butter Flavored Popcorn
- SMARTFOOD® Reduced Fat White Cheddar Popcorn

SMARTFOOD® Simply Sea Salt Popcorn
SMARTFOOD® Simply White Cheddar Popcorn
SMARTFOOD® White Cheddar Cheese Popcorn



STACY'S® Snacks

STACY'S® Chipotle & Sour Cream Flavored Pita Thins
STACY'S® Cinnamon Sugar Pita Chips
STACY'S® Everything Bagel Chips
STACY'S® Fire Roasted Jalapeño Pita Chips
STACY'S® Five Cheese Flavored Pita Thins
STACY'S® Garden Veggie Medley® Pita Chips
STACY'S® Garlic & Herb Pita Thins
STACY'S® Multigrain Pita Chips
STACY'S® Organic Rosemary & Garlic Pita Chips
STACY'S® Organic Simply Naked® Pita Chips
STACY'S® Parmesan, Garlic & Herb Pita Chips
STACY'S® Sea Salt Pita Thins
STACY'S® Simply Naked® Bagel Chips
STACY'S® Simply Naked® Pita Chips
STACY'S® Toasted Cheddar Pita Chips
STACY'S® Toasted Garlic Bagel Chips



SUNCHIPS® Whole Grain Snacks

SUNCHIPS® Black Beans Southwestern Queso Flavored Whole Grain and Black Bean Snacks
SUNCHIPS® Black Beans Spicy Jalapeno Flavored Whole Grain and Black Bean Snacks
SUNCHIPS® French Onion Flavored Multigrain Snacks
SUNCHIPS® Garden Salsa™ Flavored Multigrain Snacks
SUNCHIPS® Harvest Cheddar® Flavored Multigrain Snacks
SUNCHIPS® Organic Chili Lime Flavored Whole Grain Snacks
SUNCHIPS® Organic White Cheddar Flavored Whole Grain Snacks
SUNCHIPS® Organic Zesty Queso Flavored Whole Grain Snacks
SUNCHIPS® Original Multigrain Snacks