

U.S. Products No Added MSG

Monosodium Glutamate (MSG) is commonly used in many foods as a flavor enhancer. Some people report sensitivity to Monosodium Glutamate and prefer to avoid foods containing the ingredient. If we add MSG to our products, it will be listed in the ingredient statement as Monosodium Glutamate. We have not added Monosodium Glutamate to the following Frito-Lay products.

Last Updated January 8, 2025



TOSTITOS® Tortilla Chips

- TOSTITOS® Bite Size Tortilla Chips
- TOSTITOS® Black Bean & Garlic Flavored Triangles Tortilla Chips
- TOSTITOS® Cantina Thin & Crispy Tortilla Chips
- TOSTITOS® Cantina Traditional Tortilla Chips
- TOSTITOS® Crispy Rounds Tortilla Chips
- TOSTITOS® Hint of Chile Lime Bite Size Rounds Flavored Tortilla Chips
- TOSTITOS® Hint of Guacamole Flavored Tortilla Chips
- TOSTITOS® Lightly Salted Tortilla Chips
- TOSTITOS® Mexican Style Three Cheese Bite Size Rounds Flavored Tortilla Chips
- TOSTITOS® Multigrain Scoops!® Tortilla Chips
- TOSTITOS® Original Restaurant Style Tortilla Chips
- TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips
- TOSTITOS® Scoops!® Tortilla Chips
- TOSTITOS® Simply Organic Blue Corn Tortilla Chips
- TOSTITOS® Simply Organic Yellow Corn Tortilla Chips
- TOSTITOS® Strips Tortilla Chips
- TOSTITOS® Thick & Hearty Rounds Tortilla Chips

BAKED



BAKED

- LAY'S® Baked BBQ Flavored Potato Crisps
- LAY'S® Baked Original Potato Crisps
- RUFFLES® Baked Original Potato Crisps
- TOSTITOS® Baked Scoops® Tortilla Chips



BAKEN-ETS®

BAKEN-ETS® Traditional Fried Pork Skins



CHEETOS®

CHEETOS® Simply Crunchy White Cheddar Cheese Flavored Snacks

CHEETOS® Simply Puffs White Cheddar Cheese Flavored Snacks



CHESTER'S® Snacks

CHESTER'S® Butter Flavored Puffcorn Snacks



CRACKER JACK® Popcorn

CRACKER JACK® Original Caramel Coated Popcorn & Peanuts



Dips and Salsas

FRITOS® Bean Dip

FRITOS® Hot Bean Dip with Jalapeño Peppers

TOSTITOS® Avocado Salsa

TOSTITOS® Habanero Hot Chunky Salsa

TOSTITOS® Medium Chunky Salsa

TOSTITOS® Mild Chunky Salsa

TOSTITOS® Restaurant Style Salsa



DORITOS® Tortilla Chips

DORITOS® Reduced Fat Wild White Nacho Flavored Tortilla Chips

DORITOS® Simply Organic Spicy White Cheddar Flavored Tortilla Chips

DORITOS® Simply Organic White Cheddar Flavored Tortilla Chips



FRITOS® Corn Chips

FRITOS® Lightly Salted Corn Chips
FRITOS® Original Corn Chips
FRITOS® Scoops!® Corn Chips



GRANDMA'S®

GRANDMA'S® Chocolate Brownie Big Cookies
GRANDMA'S® Chocolate Chip Big Cookies
GRANDMA'S® Mini Bites Blueberry Vanilla Naturally Flavored Crisps
GRANDMA'S® Mini Chocolate Chip Cookies
GRANDMA'S® Oatmeal Raisin Big Cookies
GRANDMA'S® Peanut Butter Big Cookies
GRANDMA'S® Peanut Butter Sandwich Crème Cookies
GRANDMA'S® Vanilla Mini Sandwich Crème Cookies
GRANDMA'S® Vanilla Sandwich Crème Cookies
GRANDMA'S® Whole Grain Mini Chocolate Chip Cookies



LAY'S® Potato Chips

LAY'S® Baked Barbecue Flavored Potato Crisps
LAY'S® Baked Original Potato Crisps
LAY'S® Barbecue Flavored Potato Chips
LAY'S® Cheddar & Sour Cream Flavored Potato Chips
LAY'S® Chile Limón Flavored Potato Chips
LAY'S® Classic Potato Chips
LAY'S® Dill Pickle Flavored Potato Chips
LAY'S® Flamin' Hot® Flavored Potato Chips
LAY'S® Honey BBQ Flavored Potato Chips
LAY'S® Kettle Cooked Flamin' Hot® Flavored Potato Chips
LAY'S® Kettle Cooked Jalapeño Flavored Potato Chips
LAY'S® Kettle Cooked Maui Onion Flavored Potato Chips
LAY'S® Kettle Cooked Mesquite BBQ Flavored Potato Chips
LAY'S® Kettle Cooked Original Potato Chips
LAY'S® Kettle Cooked Reduced Fat Smoky BBQ Flavored Potato Chips
LAY'S® Kettle Cooked Reduced Fat Jalapeño Cheddar Flavored Potato Chips
LAY'S® Kettle Cooked Reduced Fat Original Potato Chips
LAY'S® Kettle Cooked Reduced Fat Sea Salt & Vinegar Flavored Potato Chips
LAY'S® Kettle Cooked Sea Salt & Cracked Pepper Flavored Potato Chips
LAY'S® Kettle Cooked Sea Salt & Vinegar Flavored Potato Chips

LAY'S® Lightly Salted Potato Chips
LAY'S® Limón Flavored Potato Chips
LAY'S® Poppables® Honey BBQ Potato Snacks
LAY'S® Poppables® Sea Salt Potato Snacks
LAY'S® Poppables® Sea Salt & Vinegar Flavored Potato Snacks
LAY'S® Poppables® Southwest Ranch Flavored Potato Snacks
LAY'S® Poppables® White Cheddar Flavored Potato Snacks
LAY'S® Salt & Vinegar Flavored Potato Chips
LAY'S® Simply Sea Salted Thick Cut Potato Chips
LAY'S® Simply Veggie Poppables® Ranch Potato & Veggie Snacks
LAY'S® Simply Veggie Poppables® Sea Salt Potato & Veggie Snacks
LAY'S® Sour Cream & Onion Flavored Potato Chips
LAY'S® STAX® Original Potato Crips
LAY'S® Sweet & Spicy Honey Flavored Potato Chips
LAY'S® Sweet Southern Heat Flavored Potato Chips
LAY'S® Wavy Hickory Barbecue Potato Chips
LAY'S® Wavy Lightly Salted Potato Chips
LAY'S® Wavy Original Potato Chips
LAY'S® Wavy Salt & Pepper Flavored Potato Chips



MAUI STYLE®

MAUI STYLE® Onion Flavored Potato Chips
MAUI STYLE® Original Potato Chips
MAUI STYLE® Salt & Vinegar Flavored Potato Chips
MAUI STYLE® Shrimp Flavored Potato Chips



MISS VICKIE'S®

MISS VICKIE'S® Applewood Smoked BBQ Kettle Cooked Potato Chips
MISS VICKIE'S® Honey Mustard Kettle Cooked Potato Chips
MISS VICKIE'S® Jalapeño Flavored Kettle Cooked Potato Chips
MISS VICKIE'S® Sea Salt & Vinegar Flavored Kettle Cooked Potato Chips
MISS VICKIE'S® Sea Salt Original Kettle Cooked Potato Chips
MISS VICKIE'S® Smokehouse BBQ Flavored Kettle Cooked Potato Chips



MUNCHIES®

MUNCHIES® Cheddar Cheese on Toast Flavored Crackers
MUNCHIES® Peanut Butter on Cheese Flavored Crackers
MUNCHIES® Peanut Butter on Toast Flavored Crackers



MUNCHOS®

MUNCHOS® Original Potato Crisps



NATUCHIPS™

NATUCHIPS® Chile & Lime Flavored Plantain Chips

NATUCHIPS® Garlic Flavored Plantain Chips

NATUCHIPS® Lime Flavored Plantain Chips

NATUCHIPS® Original Plantain Chips



NUT HARVEST®

FRITO-LAY® Original Sunflower Seeds

FRITO-LAY® Salted In-Shell Peanuts

FRITO-LAY® Sunflower Seeds Kernels

MUNCHIES® Honey Roasted Peanuts

MUNCHIES® Salted Peanuts

NUT HARVEST® Cocoa Dusted Almonds

NUT HARVEST® Dark Chocolate Almond Toffee Bites

NUT HARVEST® Dark Chocolate Butter Toffee Covered Almonds

NUT HARVEST® Deluxe Mixed Nuts

NUT HARVEST® Honey Roasted Whole Peanuts

NUT HARVEST® In-Shell Pistachios

NUT HARVEST® Lightly Salted Almonds

NUT HARVEST® Lightly Salted Whole Cashews

NUT HARVEST® Nut & Chocolate Mix

NUT HARVEST® Nut & Fruit Mix

NUT HARVEST® Sea Salted Whole Cashews

NUT HARVEST® Spicy Flavored Pistachios

SABRITAS® Picante Peanuts

SABRITAS® Salt & Lime Peanuts

SPITZ® Cracked Pepper Pumpkin Seeds

SPITZ® Cracked Pepper Sunflower Seeds

SPITZ® Original Sunflower Seeds



ROLD GOLD® Pretzels

ROLD GOLD® Fat Free Original Tiny Twists Pretzels
ROLD GOLD® Original Heartzels
ROLD GOLD® Original Sticks Pretzels
ROLD GOLD® Original Thins Pretzels
ROLD GOLD® Original Tiny Twists Pretzels
ROLD GOLD® Original Waffles Pretzels



RUFFLES® Potato Chips

RUFFLES® Baked Original Potato Chips
RUFFLES® Original Potato Chips
RUFFLES® Simply Sea Salted Potato Chips
RUFFLES® Simply White Cheddar & Sour Cream Flavored Potato Chips



SABRITONES®

SABRITONES® Chile & Lime Flavored Puffed Wheat Snacks



SANTITAS®

SANTITAS® White Corn Triangles Tortilla Chips
SANTITAS® Yellow Corn Triangles Tortilla Chips



SMARTFOOD® Popcorn

SMARTFOOD® Flamin Hot® White Cheddar Flavored Popcorn
SMARTFOOD® Kettle Corn Sweet & Salty Flavored Popcorn
SMARTFOOD® Movie Theater Butter Flavored Popcorn
SMARTFOOD® Reduced Fat White Cheddar Popcorn
SMARTFOOD® Simply Sea Salt Popcorn
SMARTFOOD® Simply White Cheddar Popcorn
SMARTFOOD® White Cheddar Cheese Popcorn



STACY'S® Snacks

- STACY'S® Cinnamon Sugar Pita Chips
- STACY'S® Everything Bagel Chips
- STACY'S® Fire Roasted Jalapeño Pita Chips
- STACY'S® Five Cheese Flavored Pita Thins
- STACY'S® Garlic & Herb Pita Thins
- STACY'S® Multigrain Pita Chips
- STACY'S® Organic Simply Naked® Pita Chips
- STACY'S® Parmesan, Garlic & Herb Pita Chips
- STACY'S® Sea Salt Pita Thins
- STACY'S® Simply Naked® Bagel Chips
- STACY'S® Simply Naked® Pita Chips
- STACY'S® Toasted Cheddar Pita Chips
- STACY'S® Toasted Garlic Bagel Chips



SUNCHIPS® Whole Grain Snacks

- SUNCHIPS® Black Beans Southwestern Queso Flavored Whole Grain and Black Bean Snacks
- SUNCHIPS® Black Beans Spicy Jalapeno Flavored Whole Grain and Black Bean Snacks
- SUNCHIPS® French Onion Flavored Multigrain Snacks
- SUNCHIPS® Garden Salsa™ Flavored Multigrain Snacks
- SUNCHIPS® Harvest Cheddar® Flavored Multigrain Snacks
- SUNCHIPS® Organic Chili Lime Flavored Whole Grain Snacks
- SUNCHIPS® Organic White Cheddar Flavored Whole Grain Snacks
- SUNCHIPS® Organic Zesty Queso Flavored Whole Grain Snacks
- SUNCHIPS® Original Multigrain Snacks