U.S. Products Containing Soy Ingredients

Soy is among the top eight foods that account for 90% of allergic reactions to foods. For those with an allergy to soy, the Frito-Lay products included here contain soy and should not be consumed.

Please note: The information provided pertains only to products distributed in the U.S. Products sold in other countries under similar brands may be made using slightly different recipes and ingredients to accommodate local needs and preferences.

**Allergen Information: The soybean oil used in some snacks and dips is highly refined and not considered an allergen by the FDA; therefore, products containing soybean oil are not included on this list.

Last updated January 8, 2025



SMARTFOOD® Popcorn
SMARTFOOD® Kettle Corn Sweet & Salty Flavored Popcorn



BAKED

LAY'S® Baked BBQ Flavored Potato Crisps LAY'S® Baked Original Potato Crisps RUFFLES® Baked Cheddar & Sour Cream Flavored Potato Crisps RUFFLES® Baked Original Potato Crisps



CRACKER JACK® Popcorn

CRACKER JACK® Original Caramel Coated Popcorn & Peanuts



DORITOS® Tortilla Chips

DORITOS® Reduced Fat Spicy Sweet Chili Flavored Tortilla Chips DORITOS® Spicy Sweet Chili Flavored Tortilla Chips



GRANDMA'S®

GRANDMA'S® Chocolate Brownie Big Cookies

GRANDMA'S® Chocolate Chip Big Cookies

GRANDMA'S® Mini Bites Blueberry Vanilla Naturally Flavored Cookies

GRANDMA'S® Mini Chocolate Chip Cookies

GRANDMA'S® Mini Vanilla Sandwich Creme Cookies

GRANDMA'S® Peanut Butter Sandwich Creme Cookies

GRANDMA'S® Vanilla Sandwich Creme Cookies

GRANDMA'S® Whole Grain Mini Chocolate Chip Cookies



LAY'S® Potato Chips

LAY'S® Baked BBQ Flavored Potato Crisps

LAY'S® Baked Original Potato Crisps

LAY'S® STAX® Bacon & Cheddar Potato Skins Flavored Potato Crisps

LAY'S® STAX® Buffalo Wings with Ranch Flavored Potato Crisps

LAY'S® STAX® Cheddar Flavored Potato Crisps

LAY'S® STAX® Chile Limon Flavored Potato Crisps

LAY'S® STAX® Flamas Flavored Potato Crisps

LAY'S® STAX® Mesquite BBQ Flavored Potato Crisps

LAY'S® STAX® Original Potato Crisps

LAY'S® STAX® Salt & Vinegar Flavored Potato Crisps

LAY'S® STAX® Sour Cream & Onion Flavored Potato Crisps

LAY'S® STAX® XTRA Flamin' Hot® Flavored Potato Crisps

MUNCHIES

MUNCHIES®

MUNCHIES® Cheddar Cheese on Toast Flavored Crackers

MUNCHIES® Nacho Cheese on Toast Flavored Crackers

MUNCHIES® Peanut Butter on Cheese Toast Flavored Crackers

MUNCHIES® Peanut Butter on Toast Flavored Crackers



NUT HARVEST®

NUT HARVEST® Cocoa Dusted Almonds
NUT HARVEST® Dark Chocolate Almond Toffee Bites
NUT HARVEST® Dark Chocolate Butter Toffee Covered Almonds
NUT HARVEST® Nut & Chocolate Mix
SABRITAS® Japanese Style Peanuts



Sabritas

SABRITAS® Fiesta Mix Snack Mix SABRITAS® Rancheritos Flavored Corn Chips