

CANADIAN Products Not Containing Gluten Ingredients

(no wheat, rye, oats or barley)

The Frito Lay Canada products listed below do not contain wheat, rye, barley or oat ingredients (we include oats in this list as a precaution as oats are often commingled with gluten-containing grains).

However, some of the products listed below may be manufactured on the same lines as products that contain gluten. Although our lines are cleaned between production runs, Frito Lay Canada has not tested these products for gluten content and the ingredients in these products may have come into contact with gluten-containing products prior to manufacturing. Individuals who are sensitive to gluten should take these factors into consideration in consuming these products.

Please note: The information provided pertains only to products made and distributed in Canada. Products sold in other countries under similar brands may be made using slightly different recipes and ingredients to accommodate local needs and preferences.



BAKEN-ETS®

BAKEN-ETS® Hot 'N Spicy Flavoured Pork Skins

BAKEN-ETS® Traditional Fried Pork Skins



CHEETOS®

CHEETOS® Cheddar Flavour Seasoned Popcorn

CHEETOS® Cheddar Jalapeno Flavour Seasoned Popcorn

CHEETOS® Crunchy Cheddar Jalapeno Cheese Flavoured Snacks

CHEETOS® Crunchy Cheese Flavoured Snacks

CHEETOS® Crunchy Flamin' Hot Cheese Flavoured Snacks

CHEETOS® Crunchy Nacho Cheese Flavoured Snacks

CHEETOS® Flamin' Hot Flavour Seasoned Popcorn

CHEETOS® Minis Cheddar Cheese Flavoured Snacks

CHEETOS® Oven Baked Crunchy Cheese Flavoured Snacks

CHEETOS® Paws Sour Cream & Onion Flavoured Snacks

CHEETOS® Puffs Cheese Flavoured Snacks

CHEETOS® Puffs White Cheddar Flavoured Snacks



CHESTER'S® Snacks

CHESTER'S® Cheese Flavoured Popcorn

CHESTER'S® Corn Twists Corn Snacks



CRACKER JACK® Popcorn

CRACKER JACK® Original Caramel Coated Popcorn & Peanuts



Dips and Salsas

DORITOS® Cool Ranch Jalapeno Flavour Dip

DORITOS® Spicy Nacho Flavour Dip

RUFFLES® Jalapeno Flavoured Dip

RUFFLES® Onion Flavoured Dip

RUFFLES® Ranch Flavoured Dip

TOSTITOS® Extra Hot Salsa

TOSTITOS® Hot Salsa

TOSTITOS® Mango Salsa

TOSTITOS® Medium Salsa

TOSTITOS® Mild Salsa

TOSTITOS® Roasted Garlic Salsa

TOSTITOS® Salsa Con Queso

TOSTITOS® Spinach Dip



DORITOS® Tortilla Chips

DORITOS® Dinamita Chile Lime Burn Flavoured Tortilla Chips

DORITOS® Flamin' Hot Nacho Flavoured Tortilla Chips

DORITOS® Ketchup Flavoured Tortilla Chips

DORITOS® Late Night Buffalo Hot Wings Flavoured Tortilla Chips

DORITOS® Minis Cool Ranch Flavoured Tortilla Chips

DORITOS® Minis Nacho Cheese Flavoured Tortilla Chips

DORITOS® Spicy Garlic Flavoured Tortilla Chips



FRITOS® Corn Chips

FRITOS® Hoops BBQ Flavour Corn Chips
FRITOS® Hoops Jalapeno Flavour Corn Chips
FRITOS® Original Corn Chips



Hickory Sticks

HOSTESS® HICKORY STICKS® Original Flavoured Potato Sticks
HOSTESS® HICKORY STICKS® Salt & Vinegar Flavoured Potato Sticks



KURKURE®

KURKURE® Chilli Chatka Flavoured Snacks
KURKURE® Masala Munch Flavoured Snacks



LAY'S® Potato Chips

LAY'S® Chalet Sauce Flavoured Potato Chips
LAY'S® Cheddar Jalapeno Flavoured Potato Chips
LAY'S® China Cucumber Flavoured Potato Chips
LAY'S® Cream & Onion Ridged Flavoured Potato Chips
LAY'S® Creamy Cheddar Flavoured Potato Chips
LAY'S® Hot 'n Sweet Chilli Flavoured Potato Chips
LAY'S® Honey Butter Flavoured Potato Chips
LAY'S® Lightly Salted Barbecue Flavoured Potato Chips
LAY'S® Magic Masala Ridged Flavoured Potato Chips
LAY'S® Poppables® Honey BBQ Flavoured Potato Snacks
LAY'S® Poppables® Sea Salt Potato Snacks
LAY'S® Poppables® Sea Salt & Vinegar Flavoured Potato Snacks
LAY'S® Poppables® Sour Cream & Chive Flavoured Potato Snacks
LAY'S® Poppables® White Cheddar Flavoured Potato Snacks
LAY'S® Sweet Chili Heat Flavoured Potato Chips
LAY'S® Tomato Tango Flavoured Potato Chips
LAY'S® Wavy Cheddar & Sour Cream Flavoured Potato Chips
LAY'S® Wavy Salt & Vinegar Flavoured Potato Chips

LAY'S® White Cheddar Flavoured Potato Chips



MISS VICKIE'S®

MISS VICKIE'S® All Dressed Flavoured Kettle Cooked Potato Chips



MUNCHOS®

MUNCHOS® Original Potato Crisps



Munchies CA

MUNCHIES® Cheeky Cheddar Flavoured Popcorn

MUNCHIES® Chili Cheese Stampede Flavoured Tortilla Chips

MUNCHIES® Deliciously All Dressed Flavoured Popcorn

MUNCHIES® Old School BBQ Flavoured Potato Chips

MUNCHIES® Supreme Sour Cream and Onion Flavoured Tortilla Chips

MUNCHIES® Tangy Ketchup Flavoured Potato Chips



NUT HARVEST®

MUNCHIES® BBQ Flavour Peanuts

MUNCHIES® Honey Roasted Flavour Peanuts

MUNCHIES® Nuts & Chocolate Trail Mix

MUNCHIES® Nuts & Fruit Trail Mix

MUNCHIES® Salted Peanuts

NUT HARVEST® Deluxe Mixed Nuts

NUT HARVEST® In Shell Pistachios

NUT HARVEST® Lightly Roasted Almonds

NUT HARVEST® Sea Salted Whole Cashews

SPITZ® Chili Lime Flavour Sunflower Seeds

SPITZ® Cracked Pepper Flavour Sunflower Seeds

SPITZ® Dill Pickle Flavour Pumpkin Seeds

SPITZ® Dill Pickle Flavour Sunflower Seeds

SPITZ® Salted Pumpkin Seeds

SPITZ® Salted Sunflower Seeds
SPITZ® Seasoned Pumpkin Seeds
SPITZ® Seasoned Sunflower Seeds
SPITZ® Smoky BBQ Flavour Sunflower Seeds
SPITZ® Spicy Sweet Chili Flavour Sunflower Seeds



RUFFLES® Potato Chips

RUFFLES® Cheeseburger Flavoured Potato Chips
RUFFLES® Flamin' Hot BBQ Flavoured Potato Chips
RUFFLES® Flamin' Hot Cheddar Flavoured Potato Chips
RUFFLES® Hot Wings Flavoured Potato Chips
RUFFLES® Oven Baked Cheddar & Sour Cream Flavoured Potato Crisps



SMARTFOOD® Popcorn

SMARTFOOD® Flamin' Hot® White Cheddar Flavoured Popcorn
SMARTFOOD® Jalapeno & Cheddar Flavoured Popcorn
SMARTFOOD® Kettle Corn Sweet & Salty Seasoned Popcorn
SMARTFOOD® Movie Night Butter Flavour Seasoned Popcorn
SMARTFOOD® Sour Cream & Onion Flavour Seasoned Popcorn
SMARTFOOD® White Cheddar Seasoned Popcorn



TOSTITOS® Tortilla Chips

TOSTITOS® Hint of Spicy Queso Flavoured Tortilla Chips
TOSTITOS® Multigrain Scoops Tortilla Chips