U.S. Gluten Free Products

Some people suffer from an intolerance to foods containing gluten, which is a type of protein found in wheat, rye and barley. Frito-Lay has validated through analytical testing that the following products contain less than 20 ppm of gluten, the level put forward in the FDA's Gluten Free Food Labeling Final Rule.

Please note: The information provided pertains only to products made and distributed in the US. Products sold in other countries under similar brands may be made using slightly different recipes and ingredients to accommodate local needs and preferences.

Last updated December 4, 2024



BAKED

CHEETOS® Baked Crunchy Cheese Flavored Snacks
LAY'S® Baked BBQ Flavored Potato Chips
LAY'S® Baked Original Potato Chips
RUFFLES® Baked Cheddar & Sour Cream Flavored Potato Crisps
RUFFLES® Baked Original Potato Crisps
TOSTITOS® Baked Scoops!® Tortilla Chips



CHEETOS®

CHEETOS® Baked Crunchy Cheese Flavored Snacks

CHEETOS® Crunchy Cheddar Jalapeño Cheese Flavored Snacks

CHEETOS® Crunchy Cheese Flavored Snacks

CHEETOS® Crunchy Flamin' Hot® Cheese Flavored Snacks

CHEETOS® Crunchy Flamin' Hot® Limón Cheese Flavored Snacks

CHEETOS® Crunchy XXTRA Flamin' Hot® Flavored Cheese Flavored Snacks

CHEETOS® Fantastix! Chili Cheese Flavored Corn and Potato Snacks

CHEETOS® Fantastix! Flamin' Hot Flavored Corn and Potato Snacks

CHEETOS® Paws™ Cheese Flavored Snacks

CHEETOS® Puffs Cheese Flavored Snacks

CHEETOS® Puffs Flamin' Hot® Cheese Flavored Snacks

CHEETOS® Simply Crunchy White Cheddar Cheese Flavored Snacks

CHEETOS® Simply Puffs White Cheddar Cheese Flavored Snacks

CHEETOS® Reduced Fat Crunchy Flamin' Hot Cheese Flavored Snacks

CHEETOS® Reduced Fat Crunchy Flamin' Hot Limon Cheese Flavored Snacks

CHEETOS® Reduced Fat Puffs Cheese Flavored Snacks

CHEETOS® Reduced Fat Puffs Flamin' Hot® Cheese Flavored Snacks



CHESTER'S® Snacks

CHESTER'S® Flamin' Hot® Flavored Fries



DORITOS® Tortilla Chips

DORITOS® Simply Organic White Cheddar Flavored Tortilla Chips



FRITOS® Corn Chips

FRITOS® Lightly Salted Corn Chips

FRITOS® Original Corn Chips

FRITOS® Reduced Fat Original Corn Chips

FRITOS® Scoops!® Corn Chips



LAY'S® Potato Chips

LAY'S® Baked BBQ Flavored Potato Crisps

LAY'S® Baked Original Potato Crisps

LAY'S® Classic Potato Chips

LAY'S® Lightly Salted Potato Chips

LAY'S® Simply Sea Salted Thick Cut Potato Chips

LAY'S® STAX® Bacon & Cheddar Potato Skins Flavored Potato Crisps

LAY'S® STAX® Buffalo Wings with Ranch Flavored Potato Crisps

LAY'S® STAX® Cheddar Flavored Potato Crisps

LAY'S® STAX® Chile Limón Flavored Potato Crisps

LAY'S® STAX® Flamas® Flavored Potato Crisps

LAY'S® STAX® Mesquite Barbecue Flavored Potato Crisps

LAY'S® STAX® Original Potato Crisps

LAY'S® STAX® Salt & Vinegar Flavored Potato Crisps

LAY'S® STAX® Sour Cream & Onion Flavored Potato Crisps

LAY'S® Wavy Lightly Salted Potato Chips

LAY'S® Wavy Original Potato Chips



NATUCHIPS™

NATUCHIPS® Chile & Lime Flavored Plantain Chips NATUCHIPS® Garlic Flavored Plantain Chips NATUCHIPS® Lime Flavored Plantain Chips NATUCHIPS® Original Plantain Chips



RUFFLES® Potato Chips

RUFFLES® Baked Cheddar & Sour Cream Flavored Potato Crisps

RUFFLES® Baked Original Potato Crisps

RUFFLES® Original Potato Chips

RUFFLES® Simply Sea Salted Potato Chips



SANTITAS®

SANTITAS® White Corn Tortilla Chips SANTITAS® Yellow Corn Tortilla Chips



SMARTFOOD® Popcorn

SMARTFOOD® Movie Theater Butter Flavored Popcorn

SMARTFOOD® Simply Sea Salt Popcorn

SMARTFOOD® Sweet & Salty Caramel Flavored Popcorn

SMARTFOOD® White Cheddar Cheese Popcorn

TOSTITOS

TOSTITOS® Tortilla Chips

TOSTITOS® Baked Scoops!® Tortilla Chips

TOSTITOS® Bite Size Rounds Tortilla Chips

TOSTITOS® Cantina Thin & Crispy Tortilla Chips

TOSTITOS® Cantina Traditional Tortilla Chips

TOSTITOS® Crispy Rounds Tortilla Chips

TOSTITOS® Lightly Salted Tortilla Chips

TOSTITOS® Original Restaurant Style Tortilla Chips

TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips

TOSTITOS® Scoops!® Tortilla Chips

TOSTITOS® Simply Organic Blue Corn Tortilla Chips

TOSTITOS® Simply Organic Yellow Corn Tortilla Chips

TOSTITOS® Strips Tortilla Chips

TOSTITOS® Thick & Hearty Rounds Tortilla Chips